

Rainbows:

A peer-support group for children coping with loss

Children need guidance and compassion to prevent a loss event from defining their lives through later destructive choices. Research proves that unresolved grief leaves kids vulnerable to major at-risk behaviors.

Loss can come in the form of divorced parents, parental death, deployment or imprisonment of a parent. **Rainbows**, an international not-for-profit organization that assists children through their grief and The Family Institute at Northwestern University, a not-for-profit organization dedicated to strengthening and healing families, have partnered to offer peer support groups for children suffering loss.

When: Mondays and Wednesdays, after school
Location: The Family Institute at Northwestern University
666 Dundee Road, Suite 1501, Northbrook
Cost: No charge
Age: Elementary School
Advanced registration is required. Space is limited.

At no cost to families, certified Rainbows facilitators offer Rainbows support groups for elementary school-age children struggling with parental loss such as separation, divorce or death. Groups meet at The Family Institute's Northbrook location.

If you are the parent of an elementary school-aged child going through a loss or know a child who is, please contact Lisa Gordon, PhD, at 847-733-4300, ext. 524 or lgordon@family-institute.org to learn more about the Rainbows program.

The Family Institute at Northwestern University is committed to strengthening and healing families from all walks of life through clinical service, education and research. An affiliate of Northwestern University, The Family Institute is a unique, innovative not-for-profit organization, governed by its own independent Board of Directors and responsible for its own funding. For more information, call 847-733-4300 or visit our website at www.family-institute.org.



THE FAMILY INSTITUTE
at Northwestern University

